

Francesca V. Paragas

Fpara001@odu.edu

(757) 636-2343

Objective To obtain a position as a registered nurse in an Emergency Department or Intensive Care Unit.

Education	Bachelor of Science in Nursing	Bayside High School
	Dean's List Student Old Dominion University Norfolk, VA Graduation Date: May 2016	Health & Sciences Academy Honors Graduate Virginia Beach, VA Graduation Date: June 2012

Health Sciences Academy Courses	- Health Occupations	- AP Biology
	- Human Anatomy	- AP Psychology
	- Medical Illustration	- Physiology & Pathophysiology I & II
	- Biomedical Calculus	

Clinical Experience	- NURS 303: Fundamentals	36 hours
	- NURS 321/341/451: Adult Health I, II, III	216 hours
	- NURS 331: OB & Nursing 351: Psych	72 hours
	- NURS 421 & 440: Pediatrics & Rehab	144 hours
	- NURS 470 & 471: Community	72 hours
	- NURS 431: Role Transition on an Intermediate Care Unit	120 hours

Role Transition/Preceptorship, Sentara Leigh Hospital,
Intermediate Care Unit, Norfolk, VA (Completed by March/April 2016)

Total clinical hours obtained: 660 hours

Certification	BLS for the Health Care Provider AED & CPR (Adult, Child, Infant)	Expires: July 2017
----------------------	---	--------------------

**Job
Experience** **Customer Service Assistant/Secretary (2010-2014)**
Primary Care Physicians of Hampton Roads

Greeting patients, taking vital signs, glucose checks, assisting physical assessments, administering vaccinations, performing EKGs, filing, and scheduling appointments. Experience with PARAGON Electronic Medical Record, Microsoft Excel, Microsoft Powerpoint, and Adobe Systems

Organization and Volunteer Experience	- National Society of Collegiate Scholars (Spring 2013-Present)
	- Philippine Medical Association (2009- Present) Assisted with planning and organizing fundraising events
	- St. Matthew's Catholic Church Volunteer (2011- 2013) Assisted organizing classrooms during summers Collected weekly donations for church services